

**WHAT IS CLAIMED IS:**

1. A dry particulate food composition comprising a gelling agent, at least one protein, at least one binding agent, at least one sweetening agent, a chemical gassing agent, and a chemical reagent for controlling and increasing a quantity of chemical gas released from the chemical gassing agent.

2. The dry particulate food composition of Claim 1 additionally comprising at least one flavoring agent, at least one bulking agent, and at least one coloring agent.

3. The dry particulate food composition of Claim 1 wherein said gelling agent comprises at least about 3% by weight of the dry particulate food composition.

4. The dry particulate food composition of Claim 1 wherein said protein is selected from the group consisting of whey protein, soy protein, and egg albumen.

5. The dry particulate food composition of Claim 1 wherein said protein comprises at least about 1% by weight egg albumen of the dry particulate food composition, and at least about 1% by weight whey protein isolate of the dry particulate food composition.

6. The dry particulate food composition of Claim 1 wherein said protein comprises whey protein isolate combined with egg albumen in a weight ratio ranging from about 1:1 to about 1:3.

7. The dry particulate food composition of Claim 1 wherein said chemical reagent comprises at least about 0.1% by weight of the dry particulate food composition.

8. The dry particulate food composition of Claim 1 wherein said chemical gassing agent comprises at least about 0.2% by weight of the dry particulate food composition.

9. The dry particulate food composition of Claim 1 wherein said binding agent comprises at least about 1.0% by weight of the dry particulate food composition.

10. The dry particulate food composition of Claim 1 wherein said sweetening agent comprises at least about 20% by weight of the dry particulate food composition.

11. The dry particulate food composition of Claim 1 wherein said sweetening agent comprises at least about 25.0% by weight of a first sweetening component of the dry particulate food composition, and at least about 10.0% by weight of a second sweetening component of the dry particulate food composition.

12. A method for producing a food product comprising:

providing a dry particulate food composition including a gelling agent, at least one protein, at least one binding agent, at least one sweetening agent, a chemical gassing agent, and a chemical reagent for controlling and increasing a quantity of chemical gas released from the chemical gassing agent; and

adding the dry particulate food composition to a liquid to produce a food product.

13. The method of Claim 12 wherein said liquid comprises a temperature ranging from about 105<sup>0</sup> F to about 120<sup>0</sup> F.

14. The method of Claim 12 additionally comprising producing said food product without employing external heat.

15. A food product produced in accordance with the method of Claim 12.

16. A method for producing a food product comprising:

providing a first dry particulate food composition including a gelling agent, at least one protein, at least one binding agent, at least one sweetening agent, and a chemical reagent for controlling and increasing a quantity of chemical gas released from a chemical gassing agent;

adding the first dry particulate food composition to a liquid to produce a liquid food mixture; and

adding a chemical gassing agent to the liquid food mixture to produce a food product.

17. A food product produced in accordance with the method of Claim 16.

18. A method for producing a food composition comprising:

providing particulates of a sweetening agent and particulates of an agent for controlling the release of chemical gas from a chemical gassing agent;

separating from the dehydrated sweetening particulates sweetening particles having an average particle size less than about 600  $\mu\text{M}$ , leaving residual dehydrated sweetening particles having an average particle size equal to or greater than about 600  $\mu\text{M}$ ;

separating from the particulates of the agent for controlling the release of chemical gas from a chemical gassing agent agent particles having an average particle size less than about 600  $\mu\text{M}$ , leaving residual agent particles having an average particle size equal to or greater than about 600  $\mu\text{M}$ ; and

mixing the separated agent particles and separated sweetening particles together to produce a food composition.

19. A dry food composition comprising a plurality of particulates having an average particle size less than about 600  $\mu\text{M}$  and including a gelling agent, at least one binding agent, at least one protein, at least one sweetening agent, a chemical gassing agent, and a chemical reagent for controlling and increasing a quantity of chemical gas released from the chemical gassing agent.